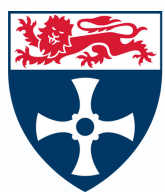




Benzo Research  
Project



Newcastle  
University



# Benzo Research Project Youth Scotland

## Call for Participants

Do you have lived or living experience of taking  
non-prescription benzodiazepines (benzos)  
'recreationally'?



Do you live in Scotland?

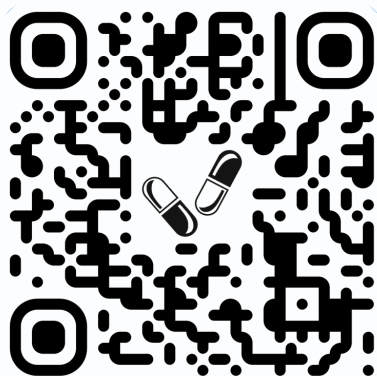
Are you 16–30 years old?

**We'd love to hear from you!**

We are looking for young people to share their stories  
through our anonymous testimony platform.

With consent, these stories will form an online community  
archive for Scottish young people's experiences with benzos.

SCAN ME



Your perspective is needed to make drug  
education, support and policy work for you.

The aim of this project is to learn  
more about how we look after  
ourselves and each other.

Find out more:

[brp.org.uk/ShareYourStory](https://brp.org.uk/ShareYourStory)

**Support Hotlines:**

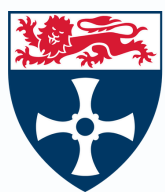
Crew2000 text 07860047501

Samaritans 116 123 (24/7)





Benzo Research  
Project



Newcastle  
University



# Benzo Research Project Youth Scotland

## Call for Interview Participants

Do you have lived or living experience of taking  
non-prescription benzodiazepines (benzos)  
'recreationally'?

Do you live in Scotland?

**We'd love to chat with you!**

We are looking for young people (aged 18 to 30 years) for  
one-to-one *confidential* interviews.

Your interview will be undertaken by researcher-volunteers  
from the Benzo Research Project team and/or Crew2000.  
All names will be changed, and your data *anonymised*.

**Each participant receives a £20 voucher for their time.**  
If in-person, drinks and snacks will also be provided.

SCAN ME



The aim of this project is to learn  
more about how we look after  
ourselves and each other.

Find out more:

[brp.org.uk/research/scotland](https://brp.org.uk/research/scotland)

